

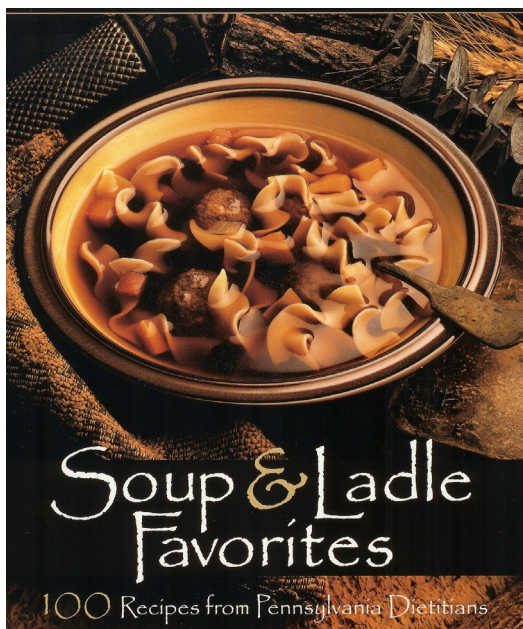
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Pennsylvania Dietetic Association Foundation

Soup & Ladle Favorites

100 Recipes by Pennsylvania Dietitians

The Soup & Ladle Favorites cookbook includes recipes like:



Chicken gumbo
Easy Minestrone
Italian Wedding Soup
Meatball Stew
Hearty Chicken Taco Soup
Manhattan Clam Chowder
Corn Chowder
Creamy Asparagus Soup
Pasta Fagioli
Pesto Soup
French Onion Soup
New England Clam Chowder
Turkey Chili
Chicken Pot Pie
Simple Vegetable Soup
And other great recipes

***Soup & Ladle Favorites* is a perfect gift for:**

- ✓ The Holidays—alone or as part of a gift basket
- ✓ A Hostess Gift for Thanksgiving
- ✓ Ideal for Tailgating Parties
- ✓ A great addition to your kitchen

Top 5 reasons to buy *Soup & Ladle Favorites* today:

1. Your purchase supports student scholarships
2. A nutritional analysis for each recipe helps you to fit it into your lifestyle
3. Soups are a great way to use fruits and vegetables found at the Farmer's Market
4. Some research shows soups can help you to lose weight
5. Perfect for anyone who enjoys eating!

NOTE: PADAF, a non-profit organization since 1932, is comprised of nearly 4,000 food and nutrition professional with the mission to promote health through nutrition education and research for the public and the dietetic practitioner.