

Coming to your child's school 2006-2007
The Pennsylvania Growth Screening Program
to assess
your child's weight status

A public school nurse or teacher is required to annually conduct height and weight measurements, calculate Body Mass Index (BMI), plot the information on growth charts and record the measures in the school health record. School nurses are to inform parents about their child's results and recommend that parents share the information with their health care providers.

These websites are resources for more information about food, nutrition and physical activity.



Pennsylvania Dietetic Association

www.eatrightpa.org



American Dietetic Association's Good Nutrition Reading List

www.eatright.org

(Click on "Food & Nutrition Information," then on "Good Nutrition Reading List.")

PA Department of Health, Division of School Health

www.health.state.pa.us/schoolhealth



Pennsylvania Advocates for Nutrition and Activity

www.panaonline.org



Since 1932, PADA* has been a not-for-profit organization and represents nearly 3,200 nutrition professionals with the mission to promote health through nutrition education and research. (11/06)

*Pennsylvania Dietetic Association