

2026 ANNUAL CONFERENCE

FRIDAY, APRIL 17



CONFERENCE ROOM A

8:00AM - 9:00AM



DITCH THE DANCING: ELEVATING DIETITIAN EXPERTISE IN AN INFLUENCER WORLD

Mandy Enright, RDN

9:05AM - 10:05AM



SLEEP AND NUTRITION: THE OVERLOOKED LINK IN ATHLETIC SUCCESS

Kim Schwabenbauer, RD, CSSD

10:30AM - 11:30AM



UNDERSTANDING THE CONNECTION: DISORDERED EATING & GI ISSUES

Theresa Hedrick, RDN

12:35PM - 1:35PM



INTEGRATING A DIVERSE CULINARY NUTRITION PERSPECTIVE INTO YOUR PRACTICE

Abbie Gellman, RDN

1:55PM - 2:55PM



ACCEPTING PEDIATRIC SPEAKERS PROPOSALS FOR THE BOWES LECTURE UNTIL JANUARY 5TH

3:00PM - 4:00PM



FOOD LAWS AND REGULATIONS EVERY DIETITIAN SHOULD KNOW

Amy Porto, RDN, PhD

CONFERENCE ROOM B



FROM GARDEN TO GUIDANCE: COLLABORATIVE FOOD ACCESS SOLUTIONS

Stacey Woodson, RDN

STUDENT SESSIONS



STUDENT SESSIONS

