

2026 ANNUAL CONFERENCE

FRIDAY, APRIL 17



CONFERENCE ROOM A

8:00AM -
9:00AM



DITCH THE DANCING: ELEVATING DIETITIAN EXPERTISE IN AN INFLUENCER WORLD

Mandy Enright, RDN

9:05AM -
10:05AM



SLEEP AND NUTRITION: THE OVERLOOKED LINK IN ATHLETIC SUCCESS

Kim Schwabenbauer, RD, CSSD

10:30AM -
11:30AM



UNDERSTANDING THE CONNECTION: DISORDERED EATING & GI ISSUES

Theresa Hedrick, RDN

12:35PM -
1:35PM



INTEGRATING A DIVERSE CULINARY NUTRITION PERSPECTIVE INTO YOUR PRACTICE

Abbie Gellman, RDN

1:55PM -
2:55PM



ACCEPTING PEDIATRIC SPEAKERS PROPOSALS FOR THE BOWES LECTURE UNTIL JANUARY 5TH

3:00PM -
4:00PM



FOOD LAWS AND REGULATIONS EVERY DIETITIAN SHOULD KNOW

Amy Porto, RDN, PhD

CONFERENCE ROOM B



FROM GARDEN TO GUIDANCE: COLLABORATIVE FOOD ACCESS SOLUTIONS

Stacey Woodson, RDN

STUDENT SESSIONS



STUDENT SESSIONS

